

# Vereinsrekorde

Stand: 20.12.2022

|                  |                |               |                                    |       |     |
|------------------|----------------|---------------|------------------------------------|-------|-----|
| <b><u>4w</u></b> | 50 m           | 15,17 sec.    | Linnea Sophie Bruchholz            | 05/16 | SDL |
|                  | Weit           | 1,23 m        | Linnea Sophie Bruchholz            | 05/16 | SDL |
|                  | Ball           | 2,93 m        | Linnea Sophie Bruchholz            | 05/16 | SDL |
|                  | Dreikampf      | 7 Pkt.        | Linnea Sophie Bruchholz            | 05/16 | SDL |
| <b><u>5w</u></b> | 50 m           | 12,12 sec.    | Linnea Bruchholz                   | 12/17 | WMS |
|                  | 400 m          | 1:56,56 min.  | Malia Winkler                      | 09/12 | MD  |
|                  | 600 m          | 3:58,67 min.  | Linnea Bruchholz                   | 12/17 | WMS |
|                  | Weit           | 1,98 m        | Laura Böcker                       | 05/18 | SDL |
|                  | Ball           | 6,46 m        | Luisa Böcker                       | 05/18 | SDL |
|                  | Med.-Ball      | 2,24 m        | Linnea Bruchholz                   | 12/17 | WMS |
|                  | Dreikampf      | 217 Pkt.      | Linnea Bruchholz                   | 05/17 | SDL |
|                  |                | 217 Pkt.      | Laura Böcker                       | 05/18 | SDL |
| <b><u>6w</u></b> | 50m            | 9,03 sec.     | Lisa Sophie Spilker                | 05/14 | HBS |
|                  | 400 m          | 1:30,76 min.  | Malia Winkler                      | 05/14 | HBS |
|                  | 600 m          | 3:04,49 min.  | Dalina Ziep                        | 12/18 | WMS |
|                  | 800 m          | 3:40,76 min.  | Lisa Sophie Streit                 | 11/13 | SDL |
|                  | Weit           | 2,94 m        | Lisa Sophie Streit                 | 11/13 | SDL |
|                  | Ball           | 11,48 m       | Malia Winkler                      | 09/13 | HBS |
|                  | Med.-Ball      | 3,28 m        | Linnea Bruchholz                   | 12/18 | WMS |
|                  | Dreikampf      | 436 Pkt.      | Luisa Herbst                       | 05/12 | SDL |
| <b><u>7w</u></b> | 50m            | 8,37 sec.     | Anna Lotta Trunschke               | 12/18 | WMS |
|                  | 400 m          | 1:24,13 min.  | Anna Trunschke                     | 05/18 | HBS |
|                  | 600 m          | 2:19,14 mi.   | Anna Lotta Trunschke               | 12/18 | WMS |
|                  | 800 m          | 3:09,80 min.  | Linnea Bruchholz                   | 04/19 | WMS |
|                  | 4 x 50 m       | 39,12 sec.    | Winkler,Fritzsche,Külz,Spilker     | 05/14 | MD  |
|                  | 3x800m         | 12:29,45 min. | Dobelke, Fritzsche, Spilker        | 05/14 | WMS |
|                  | Weit           | 3,47 m        | Anna Trunschke                     | 05/18 | HBS |
|                  | Ball           | 15,44 m       | Malia Winkler                      | 10/14 | HBS |
|                  | Med.-Ball      | 4,50 m        | Malia Winkler                      | 12/14 | WMS |
|                  | Dreikampf      | 795 Pkt.      | Malia Winkler                      | 09/14 | HBS |
| <b><u>8w</u></b> | 50m            | 7,61 sec.     | Amy Strätz                         | 12/19 | WMS |
|                  | 400m           | 78,96 min.    | Anna Lotta Trunschke               | 03/19 | MD  |
|                  | 600 m          | 2:12,06 min.  | Anna Lotta Trunschke               | 05/19 | HDL |
|                  | 800m           | 2:59,12 min.  | Elisa Mewes                        | 09/12 | MD  |
|                  | 4x50m          | 33,84 sec.    | I.Klausa,Winkler,Bruchholz,Rabe    | 07/14 | SDL |
|                  | 4x100m         | 1:10,62 sec.  | Semrau,Pohl,Sonntag,Marrala        | 02/11 | MD  |
|                  | 3x800m         | 12:37,48 min  | Sawallisch,Gatzemeier,Jackisch     | 05/04 | MD  |
|                  | Weit           | 3.89 m        | Lisa Sophie Spilker                | 11/15 | MD  |
|                  | Ball           | 28.40 m       | Johanna Beuck                      | 09/00 | MD  |
|                  | Medizin-Ball   | 6,30 m        | Charlie Lou Winkelmann             | 12/09 | WMS |
|                  | Dreikampf      | 1066 Pkte.    | Lisa Wißmach                       | 10/96 | SBK |
|                  | Team Dreikampf | 3744 Pkte.    | Marrala,Semrau,Pohl,Mrozek Sonntag | 09/11 | SBK |

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|-----------|----------------|--------------|--|-------|----------|
| <b>9w</b> | 50m            | 7,50 sec.    | Sandra Fischer                           | 06/98 | SBK      |
|           | 400m           | 77,24 sec.   | Anna Lotta Trunschke                     | 03/20 | MD       |
|           | 600 m          | 2:12,44 min. | Michelle Otto                            | 05/15 | Leuna    |
|           | 800m           | 2:48,65 min. | Solveig Kanowski                         | 12/07 | MD       |
|           | 2000m          | 8:38,7 min.  | Lisa Wißmach                             | 04/97 | Vechelde |
|           | 3 km Straße    | 14:18 min.   | Lisa Wißmach                             | 04/97 | MD       |
|           | 4x50m          | 31,95 sec.   | Rabe, L.Otto, Bruchholz, M.Otto          | 05/15 | Bernburg |
|           | 4x100m         | 66,32 sec.   | Weißmeyer,Petersohn,Trunschke,Strätz     | 03/20 | MD       |
|           | 3x800m         | 9:15,17 min. | Rintorf,Neumann,Kanowski                 | 05/07 | SBK      |
|           | Weit           | 4.08 m       | Michelle Otto                            | 11/15 | MD       |
|           | Hochsprung     | 0,98 m       | Ronja Dreiling                           | 09/21 | MD       |
|           | Ball           | 34,70 m      | Julie Jackisch                           | 10/05 | MD       |
|           | Medizin-Ball   | 7,60 m       | Johanna Beuck                            | 11/01 | WMS      |
|           | Dreikampf      | 1215 Pkte.   | Johanna Beuck                            | 09/01 | MD       |
|           | Team-Dreikampf | 2769 Pkte.   | Wißmach-Siebers-Minkwitz                 | 09/96 | SBK      |
|           | Team Dreikampf | 3646 Pkte.   | Winkelmann, Knorr, Stöber, Bock          | 02/10 | MD       |
|           | Team-Dreikampf | 4826 Pkte.   | M.Otto,Rabe, L.Otto,Spilker<br>Bruchholz | 09/15 | HBS      |

|            |                |              |  |       |          |
|------------|----------------|--------------|--|-------|----------|
| <b>10w</b> | 50m            | 7,27 sec.    | Amy Strätz                             | 10/21 | HDL      |
|            | 400 m          | 77,38 sec.   | Michelle Otto                          | 11/15 | MD       |
|            | 60 m Hü        | 12,23 sec.   | Michelle Otto                          | 11/16 | MD       |
|            | 600 m          | 1:59,43 min. | Michelle Otto                          | 02/16 | MD       |
|            | 800m           | 2:43,86 min. | Nicole Siebers                         | 12/97 | MD       |
|            | 2000m          | 8:22,2 min.  | Nicole Siebers                         | 04/97 | Vechelde |
|            | 3 km Straße    | 12:09,0 min. | Sabrina Fischer                        | 03/95 | MD       |
|            | 3 Km Team      | 41:02 min.   | Meinhard,Böcker L.,Schulze.            | 03/19 | MD       |
|            | 4x50m          | 30,51 sec.   | Rintorf,Neumann,Born,Kanowski          | 07/08 | SBK      |
|            | 4x100m         | 61,33 sec.   | Stöber,Jakob,Pohl,Winkelmann           | 11/11 | MD       |
|            | 3x800m         | 8:55,30 min. | Wißmach-Vaupel-Rocher                  | 07/98 | MD       |
|            | Weit           | 4.34 m       | Michelle Otto                          | 05/16 | Rostock  |
|            | Hoch           | 1,31 m       | Cecilia Marrala                        | 12/13 | WMS      |
|            | Ball           | 36.71 m      | Franziska Hartmann                     | 06/03 | WMS      |
|            | Med.-Ball      | 8,87 m       | Adina Rocher                           | 12/98 | WMS      |
|            | Dreikampf      | 1266 Pkte.   | Johanna Beuck                          | 09/02 | HDL      |
|            | Vierkampf      | 1557 Pkte.   | Johanna Beuck                          | 09/02 | MD       |
|            | Fünfkampf      | 1765 Pkte.   | Mimi Meinhard                          | 09/19 | Bernburg |
|            | Team-Dreikampf | 5272 Pkte.   | Maralla,L.Klaus,Pohl,Weißgerber,Braune | 09/13 | SBK      |
|            | Team Vierkampf | 6372 Pkte.   | Marrala,Pohl,Weißgerber,Semrau,Braune  | 09/13 | SBK      |
|            | DSMM Gr. 2     | 3012 Pkt.    | Henfler,Schulze,Rappholz,Galkin,Gharbi | 09/05 | SDL      |

|            |             |              |                                  |       |             |
|------------|-------------|--------------|----------------------------------|-------|-------------|
| <b>11w</b> | 50m         | 7,03 sec.    | Amy Strätz                       | 12/22 | Wolmirstedt |
|            | 60m Hü      | 10,58 sec.   | Aliyah Njock                     | 11/16 | MD          |
|            | 400 m       | 77,18 sec.   | Jessica Stöber                   | 01/12 | MD          |
|            | 600 m       | 2:02,77 min. | Michelle Otto                    | 02/17 | MD          |
|            | 800m        | 2:36,15 min. | Sabrina Fischer                  | 12/96 | MD          |
|            | 2000m       | 7:26,6 min.  | Sabrina Fischer                  | 04/96 | Vechelde    |
|            | 4x50m       | 28,72 sec.   | Hartmann,Wittig,Schleif,Uebelhör | 09/04 | SDL         |
|            | 4x100m      | 59,56 sec.   | Klausa,Pohl,Schneider,Marrala    | 02/14 | MD          |
|            | 3x800m      | 8:20,26 min. | Vaupel-Barteczko-Wißmach         | 06/99 | MD          |
|            | 3 km Straße | 11:59,0 min. | Sabrina Fischer                  | 04/96 | MD          |
|            | 5 km Straße | 20:02,0 min. | Sabrina Fischer                  | 10/96 | WTB         |
|            | 3 km Team   | 38:46,0 min. | Siebers-Minkwitz-Rocher          | 04/98 | MD          |
|            | Weit        | 4,56 m       | Michelle Otto                    | 08/17 | SBK         |
|            | Hoch        | 1.37 m       | Michelle Otto                    | 06/17 | Schöningen  |

|            |                |              |  |  |       |             |
|------------|----------------|--------------|--|--|-------|-------------|
|            | Ball           | 44.11 m      |  | Franziska Hartmann                                   | 07/04 | MD          |
|            | Med.-Ball      | 9,60 m       |  | Franziska Hartmann                                   | 11/04 | WMS         |
|            | Dreikampf      | 1394 Pkte.   |  | Michelle Otto  | 09/17 | Blankenburg |
|            | Vierkampf      | 1673 Pkte.   |  | Franziska Hartmann                                   | 09/04 | MD          |
|            | Fünfkampf      | 2116 Pkte.   |  | Amy Strätz   | 09/22 | Bernburg    |
|            | Team Dreikampf | 6114 Pkte.   |  | Wißmach, Mrosowski, Brähler<br>Fischer, Bartecz      | 07/99 | MD          |
|            | Team Fünfkampf | 6033 Pkte.   |  | Stätz,A.Trunschke,H.Weißmeyer,P.Luckau               | 09/22 | Bernburg    |
|            | Team Vierkampf | 7289 Pkte.   |  | Wißmach, Vaupel, Mrosowski,<br>Brähler Fischer       | 07/99 | MD          |
|            | DSMM/Gr.2      | 3591 Pkte.   |  | Schleif,Hartmann,Uebelhör,<br>Wittig                 | 09/04 | SDL         |
| <b>12w</b> | 50m            | 7,00 sec.    |  | Verena Slabik  | 06/95 | SBK         |
|            | 60m            | 8,33 sec.    |  | Amy Strätz   | 11/22 | MD          |
|            | 50m Hü         | 10,29 sec.   |  | Sophie Schleif                                       | 11/05 | SDL         |
|            | 60m Hü         | 10,30 sec.   |  | Julienne Fuchs                                       | 06/91 | MD          |
|            | 75 m           | 10,49 sec.   |  | Manuela Wittig                                       | 06/05 | SBK         |
|            | 150m           | 21,67 sec.   |  | Manuela Wittig                                       | 03/05 | MD          |
|            | 200m           | 28,83 sec.   |  | Anna Lotta Trunschke                                 | 11/22 | MD          |
|            | 800m           | 2:31,06 min. |  | Sabrina Fischer                                      | 05/97 | MD          |
|            | 2000m          | 7:14,1 min.  |  | Sabrina Fischer                                      | 05/97 | MD          |
|            | 3 km Straße    | 11:34,0 min. |  | Sabrina Fischer                                      | 04/97 | MD          |
|            | 3 km Team      | 38:36,0 min  |  | Siebers, Lange, Genilke                              | 04/99 | MD          |
|            | 5 km Straße    | 20:31,0 min  |  | Anja Beyer   | 10/96 | WTB         |
|            | 4x50m          | 30,0 sec.    |  | Beyer, Fischer, Schubert, Tschepetzki                | 09/96 | QLB         |
|            | 4x75m          | 41,53 sec.   |  | Hartmann, Hinrichsmeyer, Schleif, Wittig             | 06/05 | MD          |
|            | 4x100m         | 59,47 sec.   |  | Rappholz,Haselhuhn,Henfler,Gharbi                    | 01/07 | Halle       |
|            | 3x800m         | 8:10,58 min. |  | Lange, Genilke, Siebers                              | 06/99 | MD          |
|            | Weit           | 4.62 m       |  | Verena Slabik  | 09/95 | MD          |
|            | Hoch           | 1.43 m       |  | Solveig Kanowski                                     | 08/10 | WMS         |
|            | Kugel          | 8.81 m       |  | Julie Jackisch                                       | 06/08 | MD          |
|            | Diskus         | 23,75 m      |  | Julie Jackisch                                       | 06/08 | SBK         |
|            | Speer          | 26,40 m      |  | Kristin Brähler                                      | 07/00 | HBS         |
|            | Ball           | 41.68 m      |  | Laura Neumann  | 06/08 | SBK         |
|            | Hammer         | 15,04 m      |  | Sophie Lieske  | 05/11 | MD          |
|            | Dreikampf      | 1396 Pkte.   |  | Sandra Stellter                                      | 07/99 | MD          |
|            | Team Dreikampf | 5065 Pkte.   |  | Winkelmann,Jakob,Stöber<br>Pohl,Schwarzrock          | 09/11 | SBK         |
|            | Vierkampf      | 1725 Pkte.   |  | Sandra Stellter                                      | 07/99 | MD          |
|            | Vierk.-Mann.   | 7307 Pkte.   |  | Hartmann,Wittig,Schleif ,<br>Hinrichsmeyer,Uebelhör  | 05/05 | SDL         |
|            | Fünfkampf      | 2116 Pkte.   |  | Manuela Wittig                                       | 01/05 | Halle       |
|            | Fünfk. Mann.   | 5995 Pkte.   |  | Wittig,Hartmann,Schleif<br>Uebelhör,Hinrichsmeyer    | 01/05 | Halle       |
|            | Block-WK S/ S  | 2142 Pkte.   |  | Manuela Wittig                                       | 06/05 | HDL         |
|            | Block Wurf     | 1644 Pkte.   |  | Josephine Oelze                                      | 06/02 | MD          |
|            | Block Lauf     | 1985 Pkte.   |  | Laura Neumann  | 06/08 | SBK         |
|            | DSMM, Gr. 2    | 3646 Pkte.   |  | Hartmann, Uebelhör,<br>Wittig, Hinrichsmeyer,Schleif | 06/05 | SBK         |

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|------------|----------------|---------|-------|---|-------|-------------|
| <b>13w</b> | 50m            | 6,90    | sec.  | Katrin Krogmann                             | 06/95 | SBK         |
|            |                | 6,90    | sec.  | Verena Slabik                               | 10/96 | SBK         |
|            | 60m            | 8,46    | sec.  | Manuela Wittig                              | 03/06 | MD          |
|            | 60m Hü         | 10,39   | sec.  | Carolin Kitzing                             | 05/03 | MD          |
|            | 75 m           | 10,35   | sec.  | Manuela Wittig                              | 05/06 | HBS         |
|            | 120 m          | 17,03   | sec.  | Anne Schlüter                               | 05/07 | MD          |
|            | 150m           | 21,21   | sec.  | Manuela Wittig                              | 03/06 | MD          |
|            | 200m           | 29,04   | sec.  | Manuela Wittig                              | 03/06 | MD          |
|            | 250 m          | 43,43   | sec.  | Anne Schlüter                               | 05/07 | MD          |
|            | 800m           | 2:26,72 | min.  | Nicole Siebers                              | 10/00 | HBS         |
|            | 1000 m         | 3:39,05 | min.  | Amelie Dybus                                | 11/18 | MD          |
|            | 2000m          | 6:56,90 | min.  | Sabrina Fischer                             | 05/98 | MD          |
|            | 5 km Straße    | 21:09,0 | min.  | Anja Beyer                                  | 10/97 | Wittenberg  |
|            | 3 km Straße    | 11:18,0 | min.  | Sabrina Fischer                             | 04/98 | MD          |
|            | 3 km Team      | 36:08,0 | min.  | Siebers, Vaupel, Lange                      | 04/00 | MD          |
|            | 4x50m          | 27,72   | sec.  | Zschesche-Dölle-Rakel-Slabik                | 06/96 | MD          |
|            | 4 x 75 m       | 39,83   | sec.  | Hinrichsmeyer,Hartmann,Wittig,Leipold       | 06/06 | MD          |
|            | 4x100 m        | 55,17   | sec.  | Hartmann, Hinrichsmeyer,<br>Wittig, Leipold | 01/06 | Halle       |
|            | 4x200 m        | 58,90   | sec.  | Schott,Harter,Witthuhn,Tanneberg            | 01/17 | MD          |
|            | 3x800m         | 7:46,28 | min.  | Vaupel, Genilke, Siebers                    | 05/00 | Tangermünde |
|            | Weit           | 4.90    | m     | Malena Schott                               | 05/17 | MD          |
|            | Hoch           | 1.46    | m     | Carolin Kitzing                             | 06/03 | Tangermünde |
|            | Kugel          | 9,59    | m     | Franziska Hartmann                          | 06/06 | MD          |
|            | Diskus         | 26,90   | m     | Lucy Rabe                                   | 09/19 | Burg        |
|            | Speer          | 31.99   | m     | Stephanie Paasch                            | 06/99 | MD          |
|            | Ball 80g       | 48.30   | m     | Melanie Thauer                              | 05/99 | QLB         |
|            | 200g           | 38,00   | m     | Sabrina Fischer                             | 07/98 | MD          |
|            | Dreikampf      | 1455    | Pkte. | Verena Slabik                               | 10/96 | SBK         |
|            |                | 1455    | Pkte. | Melanie Thauer                              | 05/99 | QLB         |
|            | Vierkampf      | 1883    | Pkte. | Verena Slabik                               | 09/96 | SBK         |
|            | Team-Dreikampf | 3996    | Pkte. | Krogmann-Slabik-Helbing                     | 06/95 | SBK         |
|            | Team-Dreikampf | 6606    | Pkte. | Harter, Kühle, Lange, Stellter, Siebers     | 07/99 | MD          |
|            | Team-Vierkampf | 4973    | Pkte. | Slabik-Zschesche-Rakel                      | 05/96 | SBK         |
|            | Team-Vierkampf | 8084    | Pkte. | Kühle, Stellter, Siebers, Harter, Lange     | 07/99 | MD          |
|            | Fünfkampf      | 2226    | Pkte. | Manuela Wittig                              | 01/06 | Halle       |
|            | DSMM           | 3695    | Pkte. | Beyer-Dölle-Zschesche-Slabik                | 10/96 | SDL         |
|            | Gruppe 2       |         |       | Trantschell-Pfeifer                         |       |             |
|            | Block- WK S/S  | 2292    | Pkte. | Carolin Kitzing                             | 06/03 | HDL         |
|            | Block- WK Lauf | 2163    | Pkte. | Laura Neumann                               | 06/10 | MD          |
|            | Block Mannsch. | 9849    | Pkte. | Hartmann, Wittig, Ricks,<br>Leipold, Seppi  | 06/06 | SBK         |
| <b>14w</b> | 50 m           | 7,54    | sec.  | Nathalie Blume                              | 11/19 | SDL         |
|            | 60m            | 8,18    | sec.  | Susanne Pfeifer                             | 12/98 | Paderborn   |
|            | 75m            | 9,76    | sec.  | Susanne Pfeifer                             | 07/98 | MD          |
|            | 100 m          | 13,36   | sec.  | Manuela Wittig                              | 05/07 | SDL         |
|            | 120 m          | 16,71   | sec.  | Anne Jurack                                 | 05/07 | MD          |
|            | 150 m          | 20,62   | sec.  | Anne Jurack                                 | 05/07 | MD          |
|            | 200 m          | 27,42   | sec.  | Anja Beyer                                  | 03/98 | MD          |
|            | 300 m          | 42,56   | sec.  | Anja Beyer                                  | 07/98 | MD          |
|            | 600 m          | 1:56,55 | min.  | Sophie Schleif                              | 05/07 | MD          |
|            | 50 m Hü        | 10,02   | sec.  | Jessamy Harter                              | 11/10 | SDL         |
|            | 60 m Hü        | 9,78    | sec.  | Manuela Wittig                              | 01/07 | Halle       |

|                |          |       |  |       |         |
|----------------|----------|-------|--|-------|---------|
| 80 m Hü        | 13,05    | sec.  | Carolin Kitzing                                  | 05/04 | MD      |
| 300 m Hü       | 49,60    | sec.  | Manuela Wittig                                   | 07/07 | Borna   |
| 800 m          | 2:18,94  | min.  | Anja Beyer                                       | 12/98 | MD      |
| 1000 m         | 3:43,15  | min.  | Leni Witthuhn                                    | 01/19 | MD      |
| 2000 m         | 6:58,10  | min.  | Anja Beyer                                       | 05/98 | MD      |
| 3000 m         | 12:55,20 | min.  | Jana Genilke                                     | 10/01 | WMS     |
| 5 km Straße    | 19:44,0  | min.  | Sabrina Fischer                                  | 04/99 | MD      |
| 5 km Team      | 67:32,0  | min.  | Siebers,Genilke,Lange                            | 04/01 | MD      |
| 4x75 m         | 40,00    | sec.  | Mehl-Buch-Hufnagel-Knecht                        | 09/95 | QLB     |
| 4x100 m        | 53,63    | sec.  | Uebelhör,Schleif,Wittig<br>Hinrichsmeyer         | 07/07 | Borna   |
| 3x800m         | 7:33,50  | min.  | Harter-Fischer-Beyer                             | 07/98 | MD      |
| Weit           | 5.10     | m     | Inga Junge                                       | 04/94 | MD      |
| Hoch           | 1.60     | m     | Anne Jurack                                      | 05/07 | HDL     |
| Dreisprung     | 9.99     | m     | Christiane Kühne                                 | 12/97 | MD      |
| Kugel          | 10.89    | m     | Julie Jackisch                                   | 06/10 | MD      |
| Diskus         | 31,18    | m     | Julie Jackisch                                   | 06/10 | MD      |
| Speer          | 30.32    | m     | Ulrike Zeidler                                   | 07/92 | MD      |
| Hammer         | 18,14    | m     | Nadine Altmann                                   | 05/10 | MD      |
| Ball           | 59.28    | m     | Ulrike Zeidler                                   | 07/92 | MD      |
| Dreikampf      | 1330     | Pkte. | Melanie Thauer                                   | 09/00 | MD      |
| Vierkampf      | 1795     | Pkte. | Manuela Wittig                                   | 04/07 | MD      |
| Fünfkampf      | 2256     | Pkte. | Manuela Wittig                                   | 01/07 | Halle   |
| Siebenkampf    | 3045     | Pkt.  | Manuela Wittig                                   | 05/07 | SDL     |
| Team-Vierkampf | 4630     | Pkte. | Pinnecke-Krogmann-Helbing                        | 09/96 | SBK     |
| Team-Vierkampf | 8272     | Pkte. | Wittig,Hinrichsmeyer,Ricks,<br>Uebelhör, Leipold | 04/07 | MD      |
| Block S/S      | 2332     | Pkte. | Anne Jurack                                      | 07/07 | HDL     |
| Block Lauf     | 1.902    | Pkt.  | Leni Witthuhn                                    | 05/19 | Halle   |
| Block Wurf     | 2323     | Pkte  | Julie Jackisch                                   | 06/10 | MD.     |
| DSMM           | 5662     | Pkte. | Hinrichsmeyer,Jurack,Ricks                       | 09/07 | SDL     |
| Gruppe 3       |          |       | Leipold,Schleif,Übelhör,Wittig                   |       |         |
| <b>15w</b>     |          |       |  |       |         |
| 50m            | 7,22     | sec   | Susanne Pfeifer                                  | 12/99 | WMS     |
| 60m            | 7,98     | sec.  | Susanne Pfeifer                                  | 12/99 | Berlin  |
| 75m            | 9,51     | sec.  | Anja Beyer                                       | 07/99 | MD      |
| 100m           | 12,90    | sec.  | Anja Beyer                                       | 10/99 | SBK     |
| 150m           | 23,23    | sec.  | Gina-Marie Sell                                  | 12/22 | MD      |
| 200m           | 26,50    | sec.  | Anja Beyer                                       | 10/99 | SBK     |
| 300m           | 40,54    | sec.  | Anja Beyer                                       | 06/99 | MD      |
| 60m Hü         | 9,63     | sec.  | Carolin Kitzing                                  | 01/05 | Halle   |
| 80m Hü         | 12,54    | sec.  | Anja Beyer                                       | 05/99 | MD      |
| 300m Hü        | 50,13    | sec   | Michele Ahlborn                                  | 06/11 | HDL     |
| 800m           | 2:16,4   | min.  | Anja Beyer                                       | 04/99 | SDL     |
| 2000m          | 7:03,30  | min.  | Anja Beyer                                       | 03/99 | Vechede |
| 5 km Straße    | 21:23,0  | min.  | Manuela Wuttke                                   | 10/95 | Thale   |
| 5 Km Team      | 77,08    | min.  | Neumann, Ahlborn, Eggert                         | 04/11 | MD      |
| 4x75m          | 38,90    | sec   | Helbing-Slabik-Pinnecke-Krogmann                 | 09/97 | Wolfen  |
| 4x100 m        | 51,82    | sec.  | Wittig,Jurack,Leipold,Hinrichsmeye               | 06/08 | Dessau  |

|                     |         |       |   |       |        |
|---------------------|---------|-------|---|-------|--------|
| 4x 200 m            | 1:59,10 | min.  | Winkelmann,Stöber,Jakob,Radt                      | 01/16 | MD     |
| 3x800m              | 7:20,80 | min.  | Mrozek-Fischer-Beyer                              | 05/99 | MD     |
| Weit                | 5.02    | m     | Verena Slabik                                     | 06/98 | MD     |
| Hoch                | 1.65    | m     | Anne Jurack                                       | 05/08 | SDL    |
| Dreisprung          | 10.55   | m     | Christiane Kühne                                  | 06/98 | HBS    |
| Kugel               | 14,42   | m     | Charlie-Lou Winkelmann                            | 08/16 | Bremen |
| Diskus              | 35.28   | m     | Charlie-Lou Winkelmann                            | 06/16 | Dessau |
| Speer               | 30.44   | m     | Melanie Thauer                                    | 05/01 | HDL    |
| Ball                | 49.00   | m     | Kerstin Paulus                                    | 05/93 | MD     |
| Hammer              | 23,20   | m     | Michele Kapst                                     | 04/10 | HDL    |
| Dreikampf           | 1.303   | Pkt   | Sofie Emelie Göbecke                              | 10/20 | MD     |
| (100m,Weit,Kugel)   |         |       |   |       |        |
| Dreikampf           | 1.303   | Pkt   | Susanne Pfeifer                                   | 09/99 | MD     |
| (75m,Weit,Ball200g) |         |       |   |       |        |
| Team Dreikampf      | 5784    | Pkte. | Pfeifer, Meyer, Küchenhoff,<br>Pickert, Watermann | 09/99 | MD     |
| Vierkampf           | 2029    | Pkte. | Anne Jurack                                       | 04/08 | SBK    |
| Team-Vierkampf      | 4774    | Pkte. | Schulz-Krogmann-Helbing                           | 05/96 | SBK    |
|                     | 8682    | Pkte. | Jurack,Schleif,Hinrichsmeyer,<br>Wittig, Ricks    | 04/08 | SBK    |
| Fünfkampf           | 2364    | Pkte. | Carolin Kitzing                                   | 01/05 | Halle  |
| Siebenkampf         | 3373    | Pkte. | Anne Jurack                                       | 05/08 | SDL    |
| DSMM                | 6483    | Pkte. | Eisenhuth-Slabik-Helbing-Krogmann                 | 05/96 | MD     |
| Gruppe 2            |         |       | Noack-Zschiesche-Knecht-Mehl-Buch                 |       |        |
| Block S/S           | 2578    | Pkte. | Anne Jurack                                       | 06/08 | SBK    |
| Block Lauf          | 2.234   | Pkte. | Elisa Mewes                                       | 05/19 | Halle  |
| Block Wurf          | 2575    | Pkte. | Charlie-Lou Winkelmann                            | 07/16 | Aachen |

|                          |         |      |                                   |       |            |
|--------------------------|---------|------|-----------------------------------|-------|------------|
| <b><u>U 18 w</u></b> 50m | 6,92    | sec. | Susanne Pfeifer                   | 01/00 | WMS        |
| 60m                      | 7,92    | sec. | Susanne Pfeifer                   | 01/00 | MD         |
| 100m                     | 12,10   | sec. | Anja Beyer                        | 04/01 | MD         |
| 150m                     | 18,79   | sec. | Anja Beyer                        | 05/01 | Vöhrum     |
| 200m                     | 25,15   | sec. | Anja Beyer                        | 05/01 | HDL        |
| 250m                     | 38,84   | sec. | Carolin Kitzing                   | 05/07 | MD         |
| 300m                     | 40,54   | sec. | Anja Beyer                        | 06/99 | MD         |
| 400m                     | 56,26   | sec. | Anja Beyer                        | 01/01 | MD         |
| 600m                     | 1:35,44 | min. | Anja Beyer                        | 06/01 | MD         |
| 60m Hü                   | 9,04    | sec. | Anja Beyer                        | 12/00 | MD         |
| 100m Hü                  | 14,90   | sec. | Anja Beyer                        | 04/01 | MD         |
| 800m                     | 2:14,06 | min. | Anja Beyer                        | 04/00 | SDL        |
| 1000m                    | 3:01,98 | min  | Anja Beyer                        | 09/00 | Osterode   |
| 1500 m                   | 4:49,06 | min  | Anja Beyer                        | 10/00 | HBS        |
| 2000 m                   | 7:55,75 | min. | Hester van Wachem                 | 11/18 | MD         |
| 2000 m Hin.              | 8:57,12 | min. | Amelie Dybus                      | 07/21 | SDL        |
| 3000m                    | 10:50,9 | min  | Anja Beyer                        | 04/00 | Vechede    |
| 7,5km Straße             | 29:43   | min  | Anja Beyer                        | 10/00 | Wittenberg |
| 10,0km Straße            | 49:53   | min  | Amelie Dybus                      | 10/21 | MD         |
| Halbmarathon             | 1:42,51 | std  | Amelie Dybus                      | 10/22 | MD         |
| Schwedenstaffel          | 2:28,40 | min  | Beyer, Kühle, Mrozek, Harter      | 09/99 | MD         |
| Olympische Staffel       | 4:31,20 | min  | Mrozek, Grynczel, Beyer, Großmann | 05/01 | MD         |

|             |         |            |                                   |       |           |
|-------------|---------|------------|-----------------------------------|-------|-----------|
| 4x100m      | 52,32   | sec        | Helbing,Slabik,Zschesche,Pinnecke | 06/98 | HAL       |
| 4x200m      | 1:48,20 | min        | Fischer,Zschesche,Pfeifer,Beyer   | 05/99 | MD        |
| 3x800m      | 7:20,30 | min        | Beyer, Großmann, Siebers          | 09/01 | MD        |
| Weit        | 5,10    | m          | Anne Jurack                       | 01/09 | HAL       |
| Dreisprung  | 10.97   | m          | Nicole Pinnecke                   | 07/98 | HBS       |
| Hoch        | 1,60    | m          | Anne Jurack                       | 01/09 | MD        |
| Kugel       | 09.26   | m( 4,0 Kg) | Martina Lochau                    | 09/96 | WMS       |
| Kugel       | 15, 43  | m( 3,0 Kg) | Charlie Lou Winkelmann            | 05/17 | Halle     |
| Diskus      | 36,68   | m          | Charlie Lou Winkelmann            | 01/17 | Halle     |
| Speer       | 28.20   | m (600 g)  | Kerstin Paulus                    | 05/94 | MD        |
|             | 28,13   | m (500 g)  | Laura Neumann                     | 01/13 | Halle     |
| Hammer      | 21,44   | m          | Nadine Altmann                    | 05/12 | MD        |
| DJMM        | 3782    | Pkt.       | Zschesche-Mehl-Helbing            | 05/98 | MD        |
| Gruppe 3    |         |            | Pinnecke-Krogmann                 |       |           |
| Dreikampf   | 1357    | Pkte.      | Jessica Zschesche                 | 09/99 | MD        |
| Vierkampf   | 1663    | Pkt.       | Laura Neumann                     | 05/12 | Edemissen |
| Fünfkampf   | 2980    | Pkt.       | Anne Jurack                       | 01/09 | HAL       |
| Siebenkampf | 3151    | Pkt.       | Carolin Kitzing                   | 05/07 | SDL       |

|                   |          |       |   |       |           |
|-------------------|----------|-------|---|-------|-----------|
| <b>U 20 w</b> 60m | 8,17     | sec.  | Susanne Pfeifer                           | 02/03 | Bielefeld |
| 100m              | 13,16    | sec.  | Denise Dähne                              | 06/05 | SBK       |
| 200m              | 26,22    | sec.  | Susanne Pfeifer                           | 01/03 | Halle     |
| 400m              | 56,15    | sec.  | Anja Beyer                                | 06/01 | Jena      |
| 600m              | 1:40,90  | min.  | Mareike Großmann                          | 05/03 | MD        |
| 800m              | 2:18,67  | min.  | Mareike Großmann                          | 06/03 | SBK       |
| 1500m             | 5:10,52  | min.  | Mareike Großmann                          | 05/03 | MD        |
| 3000m             | 11:02,11 | min.  | Mareike Großmann                          | 03/03 | Halle     |
| 60 Hü             | 10,35    | sec.  | Johanna Heise                             | 01/07 | Halle     |
| 100m Hü           | 18,46    | sec.  | Johanna Heise                             | 06/06 | MD        |
| 400m Hü           | 75,48    | sec.  | Jana Genilke                              | 10/06 | HBS       |
| Weit              | 4.92     | m     | Johanna Heise                             | 01/07 | Halle     |
| Dreisprung        | 9,93     | m     | Laura Neumann                             | 01/15 | Halle     |
| Kugel             | 11.35    | m     | Charlie-Lou Winkelmann                    | 05/17 | WMS       |
| Speer             | 31,10    | m     | Johanna Heise                             | 01/07 | Halle     |
| Diskus            | 30.89    | m     | Nadine Altmann                            | 06/14 | MD        |
| 3x800 m           | 9: 07,09 | min.  | Kitzing, Richter, Döring                  | 04/08 | Halle     |
| 4x100 m           | 51,71    | sec   | Dähne,Genilke<br>Kluba,Harter             | 06/05 | SBK       |
| 4x200 m           | 1:48,50  | min.  | Zschesche, Helbing,<br>Pinnecke,Pfeifer   | 02/00 | Halle     |
| 4x400m            | 4:39,87  | min.  | Leipold, Köppen<br>Schleif, Hinrichsmeyer | 06/10 | HDL       |
| Schwedenstaffel   | 2:35,77  | min.  | Dähne,Genilke,Kluba<br>Heise              | 09/05 | QLB       |
| Hoch              | 1,46     | m     | Carolin Kitzing                           | 07/08 | QLB       |
|                   | 1,46     | m     | Sophie Schleif                            | 09/12 | WMS       |
| Fünfkampf         | 2348     | Pkte. | Johanna Heise                             | 01/07 | Halle     |
| Siebenkampf       | 2951     | Pkte. | Carolin Kitzing                           | 07/08 | QLB       |
| DJMM, Gr. 3       | 3975     | Pkte. | Dähne,Genilke,Harter,<br>Beyer,Kluba      | 06/05 | SBK       |

### Juniorinnen

|      |       |      |                      |       |    |
|------|-------|------|----------------------|-------|----|
| 60 m | 9,00  | sec. | Linda-Sophie Leipold | 12/14 | MD |
| 200m | 28,96 | sec  | Clara Luca Sommer    | 08/20 | MD |

|            |         |      |                   |       |        |
|------------|---------|------|-------------------|-------|--------|
| 400m       | 56,46   | sec. | Anja Beyer        | 07/00 | Dessau |
| 1000 m     | 3:45,37 | min. | Lea Kollat        | 01/19 | MD     |
| Dreisprung | 10,57   | m    | Lisa Günther      | 04/16 | MD     |
| Hochsprung | 1,34    | m    | Clara Luca Sommer | 09/21 | MD     |
| Diskus     | 31,46   | m    | Nadine Altmann    | 04/18 | Burg   |
| Kugel      | 8,81    | m    | Nadine Altmann    | 04/18 | Burg   |

## Frauen

|                                 |          |      |   |       |            |
|---------------------------------|----------|------|---|-------|------------|
| 50 m                            | 7,20     | sec. | Susanne Pfeifer                         | 01/03 | SDL        |
| 60 m                            | 8,19     | sec. | Susanne Pfeifer                         | 01/03 | Halle      |
| 100 m                           | 13,48    | sec. | Marion Zech                             | 06/11 | Leuna      |
| 200 m                           | 26,74    | sec. | Susanne Pfeifer                         | 01/03 | Halle      |
| 250 m                           | 35,79    | sec. | Marion Zech                             | 05/07 | MD         |
| 300 m                           | 47,09    | sec. | Jana Genilke                            | 12/13 | MD         |
| 400m                            | 59,33    | sec. | Marion Zech                             | 05/11 | MD         |
| 450 m                           | 73,17    | sec. | Marion Zech                             | 05/07 | MD         |
| 600 m                           | 1:54,72  | min  | Jana Genilke                            | 05/07 | MD         |
| 800 m                           | 2:20,32  | min  | Mareike Großmann                        | 01/03 | Halle      |
| 1000 m                          | 3:10,80  | min. | Paula Vielhaber                         | 05/18 | MD         |
| 1500 m                          | 4:55,52  | min. | Paula Vielhaber                         | 07/18 | Hamburg    |
| Meile                           | 6:13,73  | min  | Jana Genilke                            | 10/08 | HBS        |
| 10 Km Straße                    | 48:20    | min. | Yvonne Sanne                            | 04/14 | MD         |
| 2000 m                          | 8:34,97  | min. | Yvonne Sanne                            | 11/13 | MD         |
| 3000 m Gehen                    | 21:39,01 | min. | Cora Kruse                              | 06/19 | Halle      |
| 50 m Hü                         | 9,31     | sec. | Ramona Häsel                            | 01/00 | SDL        |
| 60 m Hü                         | 10,45    | sec. | Johanna Heise                           | 01/08 | Halle      |
| 100 m Hü                        | 19,35    | sec. | Johanna Heise                           | 06/08 | MD         |
| 400m Hü                         | 73,57    | sec. | Jana Genilke                            | 05/07 | QDL        |
| Olympische Staffel              | 4:53,70  | min  | Zschesche, Pfeifer, Knoll, Pinnecke     | 05/00 | MD         |
| 3x800 m                         | 7:53,90  | min  | Genilke, Braune, Vielhaber              | 05/18 | MD         |
| 4x100 m                         | 52,87    | sec. | Leipold, Genilke, Ahlborn, Denck        | 06/15 | Borna      |
| 4x200 m                         | 1:52,32  | min  | Zech, Genilke, Heise, Harter            | 02/07 | Berlin     |
| Schwedenstaffel                 | 2:34,53  | min  | Hinrichsmeyer, Genilke, Zech<br>Pfeifer | 04/12 | SDL        |
| Weit                            | 5,01     | m    | Thora Grentzius                         | 08/18 | WMS        |
| Dreisprung                      | 10,57    | m    | Lisa Günther                            | 12/15 | Halle      |
| Hoch                            | 1,58     | m    | Thora Grentzius                         | 11/17 | MD         |
| Kugel                           | 12,82    | m    | Jenny Hase                              | 08/17 | WMS        |
| Diskus                          | 37,62    | m    | Jenny Hase                              | 04/18 | Burg       |
| Speer                           | 30,41    | m    | Judith Czubyko                          | 05/03 | WMS        |
| Dreikampf                       | 1.049    | Pkt  | Inga Senft                              | 10/20 | MD         |
| (100m, Weit, Kugel)             |          |      |   |       |            |
| Fünfkampf                       | 2185     | Pkt. | Sophie Schleif                          | 09/14 | Stadthagen |
| (100m, Hoch, Weit, Kugel, 800m) |          |      |   |       |            |
| Fünfkampf                       | 2.191    | Pkt. | Julia Dreiling                          | 01/22 | Halle      |
| (60mH, Hoch, Weit, Kugel, 800m) |          |      |   |       |            |
| Fünfkampf Mann.                 | 6349     | Pkt. | Schleif, Neumann, Wittig                | 09/14 | Stadthagen |

## W 30

|            |         |      |                |       |        |
|------------|---------|------|----------------|-------|--------|
| 60 m       | 8,78    | sec. | Jana Genilke   | 01/17 | Halle  |
| 60 m Hürde | 11,14   | sec. | Julia Dreiling | 02/20 | Berlin |
| 100 m      | 13,61   | sec. | Nicole Rabe    | 06/14 | MD     |
| 200 m      | 28,03   | sec. | Nicole Rabe    | 06/14 | Celle  |
| 400 m      | 68,24   | sec. | Jana Genilke   | 12/17 | Halle  |
| 800 m      | 2:48,13 | min. | Julia Dreiling | 02/19 | Halle  |



|              |               |  |       |          |
|--------------|---------------|--|-------|----------|
| 1500 m       | 5:59,63 min.  | Marion Zech                                      | 01/17 | Halle    |
| 3000 m       | 13:43,42 min. | Marion Zech                                      | 01/17 | MD       |
| Halbmarathon | 1:59:13,6 h   | Maria Denck                                      | 04/18 | Tangerm. |
| 4x100 m      | 56,99 sec.    | Rabe,Pertz,Dreiling,<br>S.Pfeifer-Böcker         | 06/19 | Berlin   |
| 4x200 m      | 2:02,74 min.  | Pfeifer-Böcker,Rabe,Kraft,Sanne                  | 01/15 | Halle    |
| Weit         | 4,71 m        | Susanne Pfeifer-Böcker                           | 01/15 | MD       |
| Hoch         | 1,35 m        | Stefanie Pertz<br>Jana Genilke<br>Julia Dreiling | 11/19 | WMS      |
| Kugel        | 12,77 m       | Jenny Hase                                       | 04/19 | Burg     |
| Diskus       | 36,14 m       | Jenny Hase                                       | 09/21 | SBK      |
| Speer        | 25,86 m       | Stefanie Pertz                                   | 09/19 | BLK      |
| Dreikampf    | 1.193 Pkt     | Stefanie Pertz                                   | 06/19 | SDL      |

### W 35

|                   |               |                                   |       |             |
|-------------------|---------------|-----------------------------------|-------|-------------|
| 60 m              | 8,85 sec.     | Susanne Pfeifer-Böcker            | 01/19 | MD          |
| 100 m             | 13,66 sec.    | Julia Dreiling                    | 06/22 | Halle       |
| 100 m Hürde       | 18,29 sec.    | Julia Dreiling                    | 09/21 | Baunatal    |
| 200 m             | 29,19 sec.    | Jana Genilke                      | 06/22 | Halle       |
| 400 m             | 71,8 sec.     | Jana Genilke                      | 04/22 | SDL         |
| 800 m             | 2:43,70 min.  | Yvonne Sanne                      | 05/14 | SDL         |
| 1000 m            | 3:59,63 min.  | Sabrina Mewes-Bruchholz           | 01/19 | MD          |
| 1500 m            | 5:55,01 min.  | Yvonne Sanne                      | 05/17 | SBK         |
| 3000 m            | 13:20,51 min. | Yvonne Sanne                      | 01/14 | Halle       |
| 3 x 800 m         | 10:00,35 min. | M.-Bruchholz,Hausendorf,Kruse     | 05/18 | MD          |
| 10,0km Straße     | 57:04min      | Sabrina Mewes-Bruchholz           | 10/20 | MD          |
| Halbmarathon      | 1:45,57 h     | Yvonne Sanne                      | 04/14 | Tangermünde |
| Weit              | 4,87 m        | Julia Dreiling                    | 06/22 | Quedlinburg |
| Dreisprung        | 10,04 m       | Julia Dreiling                    | 09/22 | Erding      |
| Hoch              | 1,45 m        | Julia Dreiling                    | 11/22 | MD          |
| Kugel             | 12,58 m       | Jenny Hase                        | 04/22 | SBK         |
| Speer             | 31,81 m       | Judith Czubyko                    | 02/03 | Halle       |
| Diskus            | 33,55 m       | Jenny Hase                        | 05/22 | WMS         |
| Hammer            | 34,61 m       | Judith Czubyko                    | 02/03 | Halle       |
| Werferfünfk.      | 2788 Pkt.     | Judith Czubyko                    | 08/02 | Potsdam     |
| Dreikampf         | 1.177 Pkt     | Susanne Pfeifer-Böcker            | 10/20 | MD          |
| (100m,Weit,Kugel) |               |                                   |       |             |
| Dreikampf-Team    | 3.345 Pkt     | Susanne Pfeifer-Böcker            | 10/20 | MD          |
| (100m,Weit,Kugel) |               | Stefanie Pertz,<br>Jessica Schleh |       |             |
| Fünfkampf         | 1894 Pkt      | Yvonne Sanne                      | 09/14 | Stadthagen  |
| Siebenkampf       | 2229 Pkt      | Stephanie Pertz                   | 05/22 | SDL         |

### W 40

|            |               |                  |       |          |
|------------|---------------|------------------|-------|----------|
| 60 m       | 9,15 sec.     | Romy Weißmeyer   | 02/20 | Berlin   |
| 60 mHürde  | 11,46 sec.    | Romy Weißmeyer   | 02/20 | Halle    |
| 100 m      | 14,71 sec.    | Romy Weißmeyer   | 06/19 | SDL      |
| 400m       | 76,89 sec     | Yvonne Sannne    | 09/19 | SBK      |
| 800m       | 2:51,07min    | Yvonne Sannne    | 09/20 | MD       |
| 3000 m     | 13:51,41 min. | Jette Pommerenke | 01/22 | Halle    |
| 80 m Hürde | 16,79 sec.    | Romy Weißmeyer   | 05/19 | Rathenow |

|               |              |                             |       |             |
|---------------|--------------|-----------------------------|-------|-------------|
| 1500 m        | 7:43,68 min. | Sylvia Hausendorf           | 04/18 | Wernigerode |
| 10,0km Straße | 46:43min     | Yvonne Sanne                | 10/20 | MD          |
| 10,0km Team   | 2:31,17std   | Sanne,Pommerenke,<br>Düring | 10/20 | MD          |
| Halbmarathon  | 1:49,56 h    | Yvonne Sanne                | 04/19 | Tangermünde |
| Weit          | 4,42 m       | Romy Weißmeyer              | 01/20 | Halle       |
| Hochsprung    | 1,15m        | Jette Pommerenke            | 09/20 | MD          |
| Kugel         | 7,74 m       | Stephanie Neike             | 09/21 | SBK         |
| Speer         | 28,34 m      | Stephanie Neike             | 05/22 | HDL         |
| Diskus        | 27,64 m      | Stephanie Neike             | 04/22 | SBK         |
| Dreikampf     | 1.460 Pkt    | Romy Weißmeyer              | 06/19 | SDL         |

### W 45

|             |               |                   |       |       |
|-------------|---------------|-------------------|-------|-------|
| 800 m       | 3:39,12 min.  | Sylvia Hausendorf | 05/19 | SDL   |
| 1000 m      | 4:50,00 min.  | Sylvia Hausendorf | 05/18 | MD    |
| 1500 m      | 7:42,23 min.  | Sylvia Hausendorf | 01/18 | Halle |
| 3000 m      | 16:21,35 min. | Sylvia Hausendorf | 01/18 | MD    |
| 5 Km Straße | 31:46,3 min.  | Margit Lange      | 05/19 | MD    |

### W 55

|        |              |            |       |        |
|--------|--------------|------------|-------|--------|
| 800 m  | 3:15,00 min. | Cora Kruse | 08/17 | Aarhus |
| 1500 m | 6:27,00 min. | Cora Kruse | 07/17 | Aarhus |

### W 60

|                        |               |            |       |                        |
|------------------------|---------------|------------|-------|------------------------|
| 800 m                  | 3:10,11 min.  | Cora Kruse | 06/17 | Celle                  |
| 1000 m                 | 4:12,32 min.  | Cora Kruse | 05/18 | Wolfenbüttel           |
| 3000 m                 | 13:50,28 min. | Cora Kruse | 05/17 | Bad Harzburg           |
| 5000 m                 | 25:08,19 min. | Cora Kruse | 07/19 | Leinefelde             |
| 1500 m                 | 6:28,91 min.  | Cora Kruse | 06/17 | Celle                  |
| 10 Km Straße           | 50:45 min.    | Cora Kruse | 04/18 | Naumburg               |
| 5000 m Straße<br>Gehen | 34:41,33 min. | Cora Kruse | 08/19 | Beeskow                |
| 10Km Straße<br>Gehen   | 1:10,15min    | Cora Kruse | 10/20 | Madeira                |
| 1000m<br>Bahngehen     | 6:11,9min     | Cora Kruse | 07/21 | Lovosice<br>Tschechien |
| 3000m<br>Bahngehen     | 19:42,23min   | Cora Kruse | 07/21 | Lovosice<br>Tschechien |
| 5000m<br>Bahngehen     | 33:21,45min   | Cora Kruse | 09/21 | Baunatal               |

### W 65

|                    |              |            |       |              |
|--------------------|--------------|------------|-------|--------------|
| 3000m<br>Bahngehen | 20:09,07 min | Cora Kruse | 09/22 | Potsdam      |
| 5000m<br>Bahngehen | 33:54,45 min | Cora Kruse | 04/22 | Sangerhausen |
| 5000 m Straßen     | 34:03 min.   | Cora Kruse | 04/22 | Pordebrady   |

# Vereinsrekorde

Stand: 20.12.2022

|                  |           |              |                                  |       |        |
|------------------|-----------|--------------|----------------------------------|-------|--------|
| <b><u>4m</u></b> | 50m       | 13,96 sec.   | Tristan Barby                    | 05/12 | SDL    |
|                  | Weit      | 2,20 m       | Paul Dornbusch                   | 05/16 | SDL    |
|                  | Ball      | 8,16 m       | Henri Pertz                      | 05/17 | SDL    |
|                  | Dreikampf | 152 Pkt.     | Paul Dornbusch                   | 05/16 | SDL    |
| <b><u>5m</u></b> | 50 m      | 12,61 sec.   | Tristan Barby                    | 09/13 | WMS    |
|                  | 600m      | 2:42,35 min. | Tristan Barby                    | 05/13 | SDL    |
|                  | 800 m     | 4:43,09 min. | Tristan Barby                    | 09/13 | WMS    |
|                  | Weit      | 2,33 m       | Luis Herrmann                    | 05/14 | MD     |
|                  | Ball      | 14,30 m      | Henri Pertz                      | 08/18 | WMS    |
|                  | Med.-Ball | 2,62 m       | Henri Pertz                      | 12/18 | WMS    |
|                  | Dreikampf | 162 Pkt.     | Henri Pertz                      | 05/18 | SDL    |
| <b><u>6m</u></b> | 50m       | 10,16 sec.   | Matwej Günter                    | 12/18 | WMS    |
|                  | 400 m     | 1:37,28 min. | Tristan Barby                    | 05/14 | HBS    |
|                  | 600 m     | 2:44,08 min. | Hendrik Beikirch                 | 12/18 | WMS    |
|                  | 800 m     | 2:53,00 min. | Piet Heinicke                    | 04/19 | WMS    |
|                  | 4x50 m    | 48,18 sec.   | T.Barby,Stechulat,Fehrig,Beier   | 05/14 | MD     |
|                  | Weit      | 2,53 m       | Tristan Barby                    | 05/14 | HBS    |
|                  | Ball      | 21,21 m      | Henri Pertz                      | 09/19 | SDL    |
|                  | Med.-Ball | 3,74 m       | Matwej Günter                    | 12/18 | WMS    |
|                  | Dreikampf | 381 Pkt.     | Piet Heinicke                    | 06/19 | SDL    |
| <b><u>7m</u></b> | 50m       | 9,62 sec.    | Jonas Ganzert                    | 12/13 | WMS    |
|                  | 400 m     | 1:40,08 min. | Henrik Beikirch                  | 05/19 | HDL    |
|                  | 600 m     | 2:17,97 min. | Jonas Ganzert                    | 05/13 | SDL    |
|                  | 800 m     | 2:54,89 min. | Hendrik Beikirch                 | 04/19 | WMS    |
|                  | 4x50m     | 49,69 sec.   | Werner,Colmsee,Dornbusch,Lehmann | 05/18 | WMS    |
|                  | Weit      | 2,90 m       | Jonas Ganzert                    | 09/13 | WMS    |
|                  | Ball      | 21,84 m      | Jonas Ganzert                    | 09/13 | WMS    |
|                  | Med.-Ball | 4,99 m       | Jonas Ganzert                    | 12/13 | WMS    |
|                  | Dreikampf | 522 Pkt.     | Jonas Ganzert                    | 05/13 | SDL    |
| <b><u>8m</u></b> | 50m       | 8,1 sec.     | Marco Fischer                    | 10/96 | SBK    |
|                  |           | 8,13 sec.    | Thomas Wuttke                    | 05/98 | MD     |
|                  |           | 82,73 sec.   | Tim Rosenthal                    | 11/11 | MD     |
|                  | 400m      | 82,73 sec.   | Enrico Rohde                     | 02/12 | MD     |
|                  | 600m      | 2:15,21 min. | Ruben Hübener                    | 05/11 | Dessau |
|                  | 800 m     | 2:59,99 min. | Enrico Rohde                     | 09/12 | QLB    |
|                  | 1000m     | 3:42,8 min.  | Normen Gartmann                  | 05/96 | Halle  |
|                  | 4x50m     | 33,48 sec.   | Pandorf-Mattusch                 | 06/96 | MD     |
|                  |           |              | -M.Fischer-Gartmann              |       |        |
|                  | 4x100m    | 72,34 sec.   | Rohde,Pache,Winkelmann,Lange     | 11/11 | MD     |

|                  |               |  |                            |       |     |
|------------------|---------------|--|----------------------------|-------|-----|
| 3x800m           | 11:21,94 min. |  | Koslowsky, Barby, Ganzert  | 05/14 | WMS |
| Weit             | 3,58 m        |  | Enrico Rohde               | 09/12 | QLB |
| Ball             | 40,10 m       |  | Andy Pandorf               | 09/96 | WMS |
| Med.-Ball        | 5,89 m        |  | Jonas Ganzert              | 12/14 | WMS |
| Dreikampf        | 890 Pkte.     |  | Andy Pandorf               | 09/96 | QLB |
| Team - Dreikampf | 2512 Pkte.    |  | M.Fischer-Gartmann-Pandorf | 10/96 | SBK |

### 9m

|                |              |  |   |       |     |
|----------------|--------------|--|---|-------|-----|
| 50m            | 7,60 sec.    |  | Björn Deh                                     | 06/95 | SBK |
| 400 m          | 76,84 sec.   |  | Wilhelm Groo                                  | 02/14 | MD  |
| 600m           | 1:59,69 min. |  | Wilhelm Groo                                  | 11/14 | MD  |
| 800m           | 2:42,68 min. |  | Björn Deh                                     | 12/95 | MD  |
| 1000m          | 3:47,67 min. |  | Normen Gartmann                               | 06/97 | MD  |
| 3 km Straße    | 12:30,0 min. |  | Michael Ganse                                 | 04/98 | MD  |
| 4x50m          | 32,90 sec.   |  | Rohde,Gustloff,Hübener,Rosenthal              | 09/12 | QLB |
| 4x100 m        | 64,04 sec.   |  | Pache,Gustloff,Hübener,<br>Rosenthal          | 12/12 | MD  |
| 3x800 m        | 9:52,79 min. |  | Heinicke, von Angern, Sommer E.               | 05/22 | WMS |
| 3x1000 m       | 9:14,48 min. |  | Pache, Rhode, Hübener                         | 05/12 | MD  |
| Weit           | 4,08 m       |  | Dirk Heimer                                   | 12/92 | MD  |
| Ball           | 47,00 m      |  | Andy Pandorf                                  | 09/97 | WMS |
| Med.-Ball      | 7,46 m       |  | Tim Gräber                                    | 03/06 | WMS |
| Dreikampf      | 950 Pkte.    |  | Normen Gartmann                               | 05/97 | SBK |
| Team-Dreikampf | 2624 Pkte.   |  | Schrader-M.Fischer-Pandorf                    | 09/96 | QLB |
| Team Dreikampf | 3435 Pkte.   |  | Rosenthal,Hübener,Gustloff,<br>Lange          | 02/12 | MD  |
| Team Dreikampf | 3532 Pkte.   |  | Rosenthal,Gustloff,Rohde,<br>Lange,Winkelmann | 09/12 | HBS |

### 10m

|                |              |  |   |       |              |
|----------------|--------------|--|---|-------|--------------|
| 50m            | 7,40 sec.    |  | Christian Kimmich                                 | 06/95 | SBK          |
| 400 m          | 74,87 sec.   |  | Wilhelm Groo                                      | 11/15 | MD           |
| 60 m Hü        | 13,48 sec.   |  | Pierre Hähnel                                     | 09/15 | Bernburg     |
| 600 m          | 2:00,80 min. |  | Ruben Hübener                                     | 11/13 | MD           |
| 800 m          | 2:44,04 min. |  | Franz-Martin Gnilke                               | 09/12 | QLB          |
| 1000m          | 3:23,50 min. |  | Michael Ganse                                     | 12/99 | MD           |
| 2000m          | 7:45,50 min. |  | Normen Gartmann                                   | 05/98 | MD           |
| 3 km Straße    | 12:09,0 min. |  | Björn Deh   | 04/96 | MD           |
| 3 Km Team      | 41:31 min.   |  | Popitz, F.Lindner, M.Lindner                      | 04/11 | MD           |
| 5 km Straße    | 21:41,0 min  |  | Björn Deh   | 10/96 | WTB          |
| 4x 50m         | 30,51 sec.   |  | Lange,Hübener,Gustloff,Rosenthal                  | 07/13 | HBS          |
| 4 x 100 m      | 61,56 sec.   |  | Gustloff,Hübener,Pache,Rosenthal                  | 03/13 | MD           |
| 3x1000m        | 11:37,6 min. |  | Rieger-Meier-Gartmann                             | 09/97 | Bad Bevensen |
| Hoch           | 1,30 m       |  | Paul-Lucas Gabauer                                | 12/12 | WMS          |
| Weit           | 4,19 m       |  | Normen Gartmann                                   | 07/98 | MD           |
| Ball           | 49,18 m      |  | Andy Pandorf                                      | 09/98 | WMS          |
| Med.-Ball      | 8,31 m       |  | Carsten Herzog                                    | 11/01 | WMS          |
| Dreikampf      | 1040 Pkte.   |  | Andy Pandorf                                      | 05/98 | SBK          |
| Vierkampf      | 1336 Pkte.   |  | Paul-Lucas Gabauer                                | 09/12 | HBS          |
| Fünfkampf      | 1474 Pkte.   |  | Pierre Hähnel                                     | 09/15 | Bernburg     |
| Team Dreikampf | 3944 Pkte.   |  | F.Lindner,M.Lindner,Lange<br>Klaus,Holland-Moritz | 09/11 | SBK          |
| Team Vierkampf | 4834 Pkte.   |  | M.Lindner,F.Lindner,Lange<br>Klaus,Holland-Moritz | 09/11 | SBK          |

### 11m

|       |            |  |                   |       |     |
|-------|------------|--|-------------------|-------|-----|
| 50m   | 7,30 sec.  |  | Stephan Sasse     | 06/95 | SBK |
|       |            |  | Christian Kimmich | 10/96 | SBK |
| 400 m | 80,85 sec. |  | Travis Heine      | 01/11 | MD  |

|                |         |       |  |       |          |
|----------------|---------|-------|--|-------|----------|
| 60 m Hü        | 11,72   | sec.  | Wilhelm Groo                                 | 11/16 | MD       |
| 600 m          | 1:59,72 | min.  | Franz Martin Gnilke                          | 11/13 | MD       |
| 800 m          | 2:41,23 | min.  | Wilhelm Groo                                 | 11/16 | MD       |
| 1000m          | 3:18,43 | min.  | Björn Deh                                    | 10/97 | Celle    |
| 2000m          | 7:22,2  | min.  | Tobias Herbst                                | 04/96 | Vechede  |
| 3 km Straße    | 11:36,0 | min.  | Michael Ganse                                | 04/00 | MD       |
| 5 km Straße    | 19:26,0 | min.  | Tobias Herbst                                | 10/96 | WTB      |
| 3 km Team      | 37:03,0 | min.  | Fischer-Ganse-Gartmann                       | 04/99 | MD       |
| 4x50m          | 30,30   | sec.  | Deh-Herbst-Walkowiak-Bastian                 | 06/96 | QLB      |
| 4x100m         | 57,90   | sec.  | Gabauer, Gnilke,Rosenthal,Kasten             | 12/13 | MD       |
| 3x800m         | 8:57,81 | min.  | Pache, Rohde, Hübener                        | 05/14 | WMS      |
| 3x1000m        | 8:59,39 | min.  | Gnilke,Gabauer, Lindner M.                   | 05/12 | MD       |
| Hoch           | 1.42    | m     | Enrico Rohde                                 | 09/15 | HBS      |
| Weit           | 4.61    | m     | Paul-Lucas Gabauer                           | 09/13 | Bernburg |
| Ball           | 57,30   | m     | Andy Pandorf                                 | 05/99 | QLB      |
| Medizinball    | 9,79    | m     | Andy Pandorf                                 | 11/99 | WMS      |
| Dreikampf      | 1200    | Pkte. | Andy Pandorf                                 | 05/99 | HBS      |
| Vierkampf      | 1508    | Pkte. | Enrico Rohde                                 | 09/15 | HBS      |
| Fünfkampf      | 1341    | Pkte. | Hannes Krüger                                | 09/15 | Bernburg |
| Team-Dreikampf | 3086    | Pkte. | Sasse-Kimmich-Brämer                         | 05/96 | HBS      |
| Team-Dreikampf | 5209    | Pkte. | Fischer,Titze, Pandorf, Sahnel, Hickmann     | 07/99 | MD       |
| Team-Vierkampf | 6739    | Pkte. | Pandorf, Titze, Fischer,<br>Hickmann, Sahnel | 07/99 | MD       |
| Team Fünfkampf | 4072    | Pkte. | Hähnel, Krüger, Wahnschaap                   | 09/15 | Bernburg |

## 12m

|             |         |       |                                |       |              |
|-------------|---------|-------|--------------------------------|-------|--------------|
| 50m         | 7,20    | sec.  | Christian Kimmich              | 04/97 | HDL          |
| 60m         | 8,47    | sec.  | Pierre Hähnel                  | 12/17 | MD           |
| 75 m        | 10,56   | sec.  | Pierre Hähnel                  | 09/17 | BLK          |
| 150m        | 22,45   | sec.  | Marc Friesecke                 | 03/99 | MD           |
| 200m        | 30,63   | sec.  | Norbert Franke                 | 03/99 | MD           |
| 50 m Hü     | 10,09   | sec.  | Paul-Lukas Gabauer             | 11/13 | SDL          |
| 60m Hü      | 10,94   | sec.  | Ulrich Miehe                   | 07/93 | MD           |
| 600 m       | 1:59,72 | min.  | Ruben Hübener                  | 11/15 | MD           |
| 800 m       | 2:31,56 | min.  | Wilhelm Groo                   | 05/17 | MD           |
| 1000m       | 3:11,29 | min.  | Ulrich Miehe                   | 07/93 | MD           |
| 2000m       | 6:54,80 | min.  | Tobias Herbst                  | 07/97 | MD           |
| 3 Km Straße | 11:35   | min.  | Wilhelm Groo                   | 04/17 | MD           |
| 5 km Straße | 18:36,0 | min.  | Tobias Herbst                  | 10/97 | Wittenberg   |
| 3 Km Team   | 36:48   | min.  | Rohde, Ermisch, Groo           | 04/17 | MD           |
| 4x50m       | 29,38   | sec.  | Stäritz-Miehe-Rönicke-Mewes    | 07/93 | MD           |
| 4x100 m     | 59,94   | sec.  | Gnilke,Kasten,Exnowitz,Gabauer | 01/14 | MD           |
| 3x1000m     | 10:16,9 | min.  | Walkowiak-Deh-Herbst           | 09/97 | Bad Bevensen |
| Weit        | 4,82    | m     | Thomas Kollert                 | 06/91 | MD           |
| Hoch        | 1,53    | m     | Enrico Rohde                   | 06/16 | HDL          |
| Kugel       | 11,26   | m     | Alexander Jödecke              | 09/94 | MD           |
| Diskus      | 27,93   | m     | Andy Pandorf                   | 09/00 | Edemissen    |
| Ball        | 60,00   | m     | Alexander Jödecke              | 09/94 | HBS          |
| Speer       | 39,28   | m     | Alexander Jödecke              | 09/94 | MD           |
| Dreikampf   | 1273    | Pkte. | Andy Pandorf                   | 09/00 | MD           |
| Vierkampf   | 1681    | Pkte. | Alexander Jödecke              | 09/94 | HBS          |
| Fünfkampf   | 1618    | Pkte. | Ruben Hübener                  | 09/15 | Bernburg     |
| Block Lauf  | 1788    | Pkte. | Wilhelm Groo                   | 05/17 | SBK          |

## 13m

|      |      |      |               |       |          |
|------|------|------|---------------|-------|----------|
| 50m  | 6,70 | sec. | Jens Rieser   | 10/94 | WMS      |
| 60m  | 7,93 | sec. | Pierre Hähnel | 12/18 | MD       |
| 75 m | 9,97 | sec. | Pierre Hähnel | 09/18 | Sömmerda |

|                |         |       |                                |       |          |
|----------------|---------|-------|--------------------------------|-------|----------|
| 150m           | 21,18   | sec.  | Christian Kimmich              | 03/98 | MD       |
| 100 m          | 14,52   | sec.  | Franz Martin Gnilke            | 05/15 | MD       |
| 200m           | 26,73   | sec.  | Pierre Hähnel                  | 11/18 | MD       |
| 60m Hü         | 9,98    | sec.  | Stefan Becker                  | 07/93 | MD       |
| 80m Hü         | 15,64   | sec.  | Franz Martin Gnilke            | 05/15 | MD       |
| 600 m          | 2:07,89 | min.  | Paul Moritz Kasten             | 11/15 | MD       |
| 800 m          | 2:21,32 | min.  | Max Lunin                      | 07/20 | HDL      |
| 1000m          | 3:00,9  | min.  | Maik Draeger                   | 05/95 | BLK      |
| 2000m          | 6:44,49 | min.  | Tim Scheller                   | 02/02 | Halle    |
| 3000m          | 10:24,3 | min.  | Tobias Herbst                  | 07/98 | HBS      |
| 4x50m          | 29,0    | sec.  | Werner-Dirks-Gerstmann-Draeger | 06/95 | SBK      |
| 4 x 75 m       | 41,60   | sec.  | Hübener,Gabauer,Kasten,Gnilke  | 06/15 | SBK      |
| 4 x 100 m      | 57,22   | sec.  | Gnilke,Kasten,Gabauer,Nißen    | 11/14 | MD       |
| 3x800 m        | 8:07,90 | min.  | Hähnel, Ermisch, Groo          | 05/18 | MD.      |
| 3x1000m        | 9:57,02 | min.  | Herbst-Böttcher-Deh            | 05/98 | BLK      |
| 3 Km Straße    | 11:43   | min.  | Enrico Rohde                   | 04/17 | MD       |
| 3 Km Team      | 42:00   | min.  | Czornack, Kasten, Exnowitz     | 04/14 | MD       |
| 5 km Straße    | 18:39,0 | min.  | Tobias Herbst                  | 04/98 | MD       |
| 5 km Team      | 59:14,0 | min.  | Herbst-Marek-Deh               | 04/98 | MD       |
| Weit           | 5.16    | m     | Jens Rieser                    | 10/94 | WMS      |
| Hoch           | 1.60    | m     | Paul-Lucas Gabauer             | 04/15 | Bernburg |
| Kugel          | 12.68   | m     | Alexander Jödecke              | 05/95 | MD       |
| Diskus         | 36.26   | m     | Dennis Neue                    | 06/97 | HAL      |
| Speer          | 41.72   | m     | Alexander Jödecke              | 09/95 | MD       |
| Ball           | 71.64   | m     | Alexander Jödecke              | 09/95 | HBS      |
| Dreikampf      | 1417    | Pkte. | Jens Rieser                    | 10/94 | WMS      |
| Vierkampf      | 1872    | Pkte. | Alexander Jödecke              | 09/95 | HBS      |
| Fünfkampf      | 2139    | Pkte. | Hendrik Ebecke                 | 09/22 | Bernburg |
| Team-Vierkampf | 1419    | Pkte. | Werner-Neue-Verständig         | 09/96 | SBK      |
| Team-Fünfkampf | 5246    | Pkte. | T.Reed,H.Ebecke, J.Knauer      | 09/22 | Bernburg |
| DSMM           | 3163    | Pkte. | Werner-Verständlich-Neue       | 10/96 | SDL      |
| Gruppe 2       |         |       | Brämer-Först                   |       |          |
| Block Lauf     | 2166    | Pkte. | Paul-Lucas Gabauer             | 06/15 | Bernburg |
| Block S/S      | 1547    | Pkte. | Franz Martin Gnilke            | 05/15 | MD       |

## 14m

|            |          |      |                                  |       |              |
|------------|----------|------|----------------------------------|-------|--------------|
| 60m        | 7,70     | sec. | Mike Hüttenrauch                 | 12/96 | MD           |
| 75m        | 9,20     | sec. | Mike Hüttenrauch                 | 10/96 | SBK          |
| 100m       | 12,97    | sec. | Claudius Speitel                 | 06/10 | MD           |
| 150m       | 19,85    | sec. | Maximilian Nißen                 | 11/15 | MD           |
| 200m       | 27,34    | sec. | Peter Czornack                   | 05/15 | MD           |
| 300m       | 41,07    | sec. | Max Lunin                        | 07/21 | SDL          |
| 60m Hü     | 9,68     | sec. | Gerard Kolew                     | 12/93 | MD           |
| 80m Hü     | 12,40    | sec. | Stefan Becker                    | 06/94 | Halle        |
| 800m       | 2:21,35  | min. | Max Lunin                        | 09/21 | BLK          |
| 1000m      | 2:49,78  | min. | Maik Draeger                     | 09/96 | BLK          |
| 1500 m     | 4:45,88  | min. | Björn Deh                        | 10/00 | HBS          |
| 2000m      | 6:38,78  | min. | Maik Draeger                     | 05/96 | MD           |
| 3000m      | 10:06,20 | min. | Tobias Herbst                    | 03/99 | Vechelde     |
| 4x75m      | 39,70    | sec. | Rauwald-Kolew-Waegel-Küllmei     | 07/93 | MD           |
| 4x100 m    | 59,52    | sec. | Speitel,Stempel,Zietlow,Butzlaff | 11/10 | MD           |
| 3x1000m    | 9:00,90  | min. | Krolop-Mewes-Draeger             | 09/96 | Bad Beversen |
| 5km Straße | 18:01,00 | min. | Maik Draeger                     | 10/96 | WTB          |
| Weit       | 5.55     | m    | Jens Rieser                      | 06/95 | MD           |
| Hoch       | 1.72     | m    | Paul-Lucas Gabauer               | 06/16 | SBK          |
| Dreisprung | 11.00    | m    | Mike Hüttenrauch                 | 08/96 | HDL          |
| Kugel      | 14,85    | m    | Lars Hermecke                    | 12/02 | MD           |
| Diskus     | 41.26    | m    | Andy Pandorf                     | 09/02 | Edemissen    |
| Speer      | 48.57    | m    | Andy Pandorf                     | 10/02 | HDL          |
| Ball       | 62.00    | m    | Gerard Kolew                     | 05/93 | MD           |

|            |      |       |                  |       |            |
|------------|------|-------|------------------|-------|------------|
| Dreikampf  | 1543 | Pkte. | Jens Rieser      | 06/95 | Hildesheim |
| Vierkampf  | 1990 | Pkte. | Stephan Hertrich | 05/95 | MD         |
| Block Lauf | 2147 | Pkte. | Claudius Speitel | 06/10 | MD         |

### 15m

|               |         |       |                                    |       |            |
|---------------|---------|-------|------------------------------------|-------|------------|
| 60m           | 7,44    | sec.  | Mike Hüttenrauch                   | 12/97 | MD         |
| 75m           | 9,00    | sec.  | Mike Hüttenrauch                   | 05/97 | SBK        |
| 100m          | 11,90   | sec.  | Mike Hüttenrauch                   | 09/97 | Eisleben   |
| 120 m         | 15,14   | sec.  | Sebastian Tolle                    | 05/07 | MD         |
| 150 m         | 18,97   | sec.  | Odin-Arian Schulze                 | 12/22 | MD         |
| 200m          | 24,62   | sec.  | Mike Hüttenrauch                   | 12/97 | MD         |
| 250 m         | 33,22   | sec.  | Sebastian Tolle                    | 05/07 | MD         |
| 300m          | 38,97   | sec.  | Claudius Speitel                   | 06/11 | HDL        |
| 60m Hü        | 9,34    | sec.  | Sebastian Tolle                    | 01/07 | Halle      |
| 80m Hü        | 11,67   | sec.  | Sebastian Tolle                    | 08/07 | Lage       |
| 300 m Hü      | 45,23   | sec.  | Sebastian Tolle                    | 05/07 | QLB        |
| 800 m         | 2:17,80 | min.  | Max Lunin                          | 07/22 | Bernburg   |
| 1000 m        | 2:46,41 | min.  | Maik Draeger                       | 06/97 | HAL        |
| 1500 m        | 4:36,06 | min.  | Tobias Herbst                      | 06/00 | MD         |
| 2000 m        | 6:20,8  | min.  | Maik Draeger                       | 05/97 | MD         |
| 3000 m        | 9:46,18 | min.  | Maik Draeger                       | 06/97 | HAL        |
| 4x 75 m       | 37,03   | sec.  | Hüttenrauch-Rieser-Hertrich-Dirks  | 10/96 | SDL        |
| 4x 100 m      | 54,46   | sec.  | L.Lange,Czornack,Gnilke,Nißen      | 05/15 | MD         |
| 4x 200 m      | 1:55,79 | min.  | O.Schulze,Lunin,Fehrig, O. Sommer  | 01/22 | Halle      |
| 3x800 m       | 7:43,37 | min.  | Nißen, Gabauer, Gnilke             | 04/16 | Braunsb.   |
| 3x1000m       | 9:04,5  | min.  | Stäritz-Mewes-Draeger              | 08/96 | Edemissen  |
| 5 km Straße   | 17:06   | min.  | Christian Gehrke                   | 10/01 | Wittenberg |
| 5 km Team     | 55::25  | min.  | Deh-Gehrke, Wiebach                | 04/01 | MD         |
| Weit          | 6.18    | m     | Mike Hüttenrauch                   | 06/97 | HAL        |
| Hoch          | 1,92    | m     | Sebastian Tolle                    | 08/07 | Lage       |
| Dreisprung    | 12.46   | m     | Mike Hüttenrauch                   | 06/97 | HAL        |
| Hammerwurf    | 17,92   | m     | Christian Schulze                  | 07/99 | MD         |
| Kugel         | 16.62   | m     | Lars Hermecke                      | 12/03 | WMS        |
| Diskus        | 46,95   | m     | Andy Pandorf                       | 04/03 | HBS        |
| Speer         | 55.25   | m     | Andy Pandorf                       | 06/03 | SBK        |
| Ball          | 71.50   | m     | Gerard Kolew                       | 05/94 | MD         |
| Dreikampf     | 1462    | Pkte. | Christian Kimmich                  | 09/00 | MD         |
| Vierkampf     | 2249    | Pkte. | Mike Hüttenrauch                   | 06/97 | Vechede    |
| DSMM          | 6487    | Pkte. | Hüttenrauch-Hertrich-Dirks-Draeger | 10/96 | SDL        |
| Gruppe 2      |         |       | Stäritz-Krolop-Hanschmann-Rieser   |       |            |
| Block-WK S/ S | 3005    | Pkte. | Sebastian Tolle                    | 08/07 | Lage       |
| Block Lauf    | 2.125   | Pkte. | Timon Linkohr                      | 05/19 | Halle      |
| Block Wurf    | 2.228   | Pkte. | Alexander Höhne                    | 05/19 | Halle      |

### U 18 m

|         |         |      |                    |       |           |
|---------|---------|------|--------------------|-------|-----------|
| 60 m    | 7,31    | sec. | Karsten Tiedemann  | 12/04 | MD        |
| 60 m Hü | 10,28   | sec. | Vitalij Burger     | 12/95 | MD        |
| 100 m   | 11,40   | sec. | Mike Hüttenrauch   | 05/98 | MD        |
| 200 m   | 23,41   | sec. | Karsten Tiedemann  | 06/04 | SBK       |
| 300 m   | 38,77   | sec. | Mike Hüttenrauch   | 06/98 | Halle     |
| 400 m   | 52,76   | sec. | Christoph Zoitke   | 12/01 | Paderborn |
| 600 m   | 1:29,90 | min  | Sebastian Schumann | 06/01 | MD        |
| 800 m   | 2:02,58 | min. | Christoph Zoitke   | 06/01 | HBS       |

|               |              |                                  |       |             |
|---------------|--------------|----------------------------------|-------|-------------|
| 1000 m        | 2:44,74 min. | Christoph Zoitke                 | 12/01 | MD          |
| 2000 m        | 6:54,92 min. | Frithjow Bütow                   | 05/02 | HDL         |
| 1500 m        | 4:26,62 min. | Erik Typky                       | 12/01 | Paderborn   |
| 3000 m        | 9:49,51 min  | Eryk Typky                       | 06/01 | HBS         |
| 7,5 km Str.   | 27:12,0 min. | Norman Bonchor                   | 10/00 | Wittenberg  |
| 7,5 km Team   | 1:24,24 min. | Bonchor, Schumann, Typky         | 10/00 | Wittenberg  |
| 10,0 Km Str.  | 39:29,0 min. | Frithjof Bütow                   | 04/03 | MD          |
| 13,0 Km Str.  | 1:09:23:3 h  | Marlon Lange                     | 05/19 | MD          |
| Halb-Marathon | 1:41,58 h    | Norman Bonchor                   | 05/00 | Hannover    |
| 4 x 100 m     | 48,16 sec.   | Zoitke, Schumann, Wilke, Bonchor | 06/00 | MD          |
| 4 x 200 m     | 1:38,10 min  | Bonchor, Schumann, Zoitke, Wilke | 05/00 | MD          |
| 4 x 400 m     | 3:38,59 min  | Bonchor, Wilke, Zoitke, Schumann | 06/00 | Dessau      |
| 3x1000 m      | 8:39,50 min  | Typky, Zoitke, Schumann          | 09/01 | MD          |
| Hochsprung    | 1,80 m       | Steffen Altendorf                | 06/94 | MD          |
|               | 1,80 m       | Christian Kimmich                | 12/01 | Paderborn   |
| Weitsprung    | 6,30 m       | Mike Hüttenrauch                 | 05/98 | Blankenburg |
| Dreisprung    | 13.66 m      | Christian Kimmich                | 08/02 | Berlin      |
| Kugel         | 17.68 m      | Lars Hermecke                    | 12/05 | MD          |
| Diskus        | 39.59 m      | Andy Pandorf                     | 03/04 | SBK         |
| Speer         | 58.39 m      | Andy Pandorf                     | 06/04 | MD          |
| Dreikampf     | 1686 Pkte.   | Mike Hüttenrauch                 | 09/99 | MD          |
| Fünfkampf     | 2931 Pkte.   | Mike Hüttenrauch                 | 06/98 | Halle       |

|                      |                    |               |                                      |       |              |
|----------------------|--------------------|---------------|--------------------------------------|-------|--------------|
| <b><u>U 20 m</u></b> | 50 m               | 6,75 sec      | Steffen Eggert                       | 11/05 | WMS          |
|                      | 60 m               | 6,99 sec.     | Christian Kimmich                    | 12/04 | Potsdam      |
|                      | 60 m Hü            | 9,30 sec.     | Ingo Glockauer                       | 01/96 | MD           |
|                      | 100 m              | 11,21 sec.    | Christian Kimmich                    | 04/04 | MD           |
|                      | 150 m              | 18,21 sec.    | Timon Linkohr                        | 12/22 | MD           |
|                      | 200 m              | 23,30 sec.    | Philipp Anke                         | 06/14 | MD           |
|                      | 300 m              | 37,87 sec.    | Philipp Anke                         | 12/13 | MD           |
|                      | 400 m              | 49,50 sec.    | Wadim Belentschikow                  | 01/00 | Halle        |
|                      | 600 m              | 1:29,02 min   | Sebastian Schumann                   | 05/02 | MD           |
|                      | 800 m              | 1:58,44 min   | Christoph Zoitke                     | 06/03 | SBK          |
|                      | 1000 m             | 2:38,90 min.  | Christoph Zoitke                     | 02/02 | Halle        |
|                      | 1500 m             | 4:22,81 min   | Christoph Zoitke                     | 05/03 | BLK          |
|                      | 2000 m             | 6:20,73 min.  | Erik Typky                           | 05/03 | HDL          |
|                      | 3000 m             | 9:26,03 min.  | Erik Typky                           | 02/02 | Halle        |
|                      | 5000 m             | 17:17,81 min. | Erik Typky                           | 06/02 | Dessau       |
|                      | 10 Km Str.         | 37:00,00 min. | Erik Typky                           | 04/02 | MD           |
|                      | 1 Meile            | 5:36,83 min.  | Karsten Tiedemann                    | 10/06 | HBS          |
|                      | 13 Km Str.         | 2:07,06 h     | Martin Fuhr                          | 05/19 | MD           |
|                      | 110m Hü            | 16,58 sec.    | Vitalij Burger                       | 08/96 | BLK          |
|                      | Olympische Staffel | 3:54,20 min   | Zoitke, Schumann, Typky, Bonchor     | 05/01 | MD           |
|                      | 4x 100 m           | 48,91 sec.    | Kellner, Anke Butzlaff, Stempel      | 06/14 | MD           |
|                      | 4x 200 m           | 1:38,25 min   | Bonchor,Zoitke,Schumann Wilke        | 01/01 | Halle        |
|                      | 4x 400 m           | 3:42,58 min   | Zoitke,Typky,Schumann D. Hüttenrauch | 06/01 | HBS          |
|                      | 3x1000 m           | 8:39,03 min   | Bonchor,Typky,Schumann               | 05/01 | Halle        |
|                      | Weit               | 6.64 m        | Christian Kimmich                    | 04/04 | MD           |
|                      | Hoch               | 1.80 m        | Christian Kimmich                    | 11/03 | MD           |
|                      | Dreisprung         | 14.82 m       | Christian Kimmich                    | 02/04 | Neubrandenb. |
|                      | Kugel              | 11.94 m       | Andreas Timme                        | 01/03 | Halle        |
|                      | Diskus             | 33.40 m       | Vitalij Burger                       | 08/96 | BLK          |



|             |       |       |  |       |     |
|-------------|-------|-------|--|-------|-----|
| Speer       | 46.78 | m     | Ingo Glockauer                             | 08/96 | BLK |
| Dreikampf   | 1555  | Pkte  | Wadim Belentschikow                        | 09/99 | MD  |
| Fünfkampf   | 2814  | Pkte. | Wadim Belentschikow                        | 09/00 | MD  |
| DJMM, Gr. 3 | 5117  | Pkte. | Tiedemann,Fischer,<br>Steven Günther,Lemke | 06/05 | SBK |

## Junioren

|            |       |      |  |       |          |
|------------|-------|------|--|-------|----------|
| 60m        | 8,13  | sec  | Marc Horstmann                                 | 11/22 | MD       |
| 100m       | 13,05 | sec  | Marc Horstmann                                 | 04/22 | SBK      |
| 200m       | 25,57 | sec  | Marc Horstmann                                 | 06/22 | HDL      |
| 400 m      | 51,00 | sec. | Wadim Belentschikow                            | 07/00 | Dessau   |
| Dreisprung | 15,18 | m    | Christian Kimmich                              | 08/07 | Hannover |
| Hochsprung | 1,42m |      | Marc Horstmann                                 | 09/22 | MD       |
| 4x100m     | 53,05 | sec  | O. Sommer, O. Schulze,<br>M. Horstmann, Fehrig | 05/22 | MD       |

## Männer

|                 |          |       |   |       |               |
|-----------------|----------|-------|---|-------|---------------|
| 50 m            | 6,31     | sec.  | Christian Kimmich                         | 01-06 | SDL           |
| 60 m            | 6,97     | sec.  | Christian Kimmich                         | 01/05 | Halle         |
| 100 m           | 10,89    | sec.  | Christian Kimmich                         | 05/07 | Hannover      |
| 200 m           | 23,32    | sec.  | Wadim Belentschikow                       | 06/02 | MD            |
| 250 m           | 30,39    | sec.  | Karsten Tiedemann                         | 05/07 | MD            |
| 400 m           | 49,70    | sec.  | Wadim Belentschikow                       | 12/01 | Paderborn     |
| 450 m           | 61,83    | sec.  | Karsten Tiedemann                         | 05/07 | MD            |
| 600 m           | 1:45,18  | min.  | Karsten Tiedemann                         | 05/07 | MD            |
| 800 m           | 2:01,40  | min.  | Christoph Zoitke                          | 01/03 | Halle         |
| 1000 m          | 2:40,59  | min.  | Wadim Belentschikow                       | 12/01 | MD            |
| 1500 m          | 4:22,77  | min.  | Eryk Typky                                | 06/04 | MD            |
| 5000 m          | 17:05,28 | min.  | Erik Typky                                | 04/04 | SDL           |
| Meile           | 4:45,16  | min   | Wadim Belentschikow                       | 10/00 | HBS           |
| 10 Km Straße    | 32:13    | min.  | Christoph Rodewohl                        | 09/22 | Saarbrücken   |
| Halbmarathon    | 1:15,33  | h     | Uwe Haake                                 | 04/94 | MD            |
| 4 x 100 m       | 46,14    | sec   | Langer, Eggert<br>Tiedemann, Kimmich      | 05/05 | MD            |
| 4 x 200 m       | 1:34,10  | min.  | Seefeld,Schumann.<br>Zoitke,Belentschikow | 12/01 | Paderborn     |
| Schwedenstaffel | 2:20,07  | min.  | Langer,Tiedemann,<br>St.Günther, Lemke    | 09/05 | QLB           |
| Weitsprung      | 6.87     | m     | Christian Kimmich                         | 01/05 | Halle         |
| Dreisprung      | 14.99    | m     | Christian Kimmich                         | 07/05 | Wilhelmshaven |
| Hoch            | 1,70     | m     | Christian Kimmich                         | 11/05 | WMS           |
| Speer           | 54.15    | m     | Ingo Glockauer                            | 09/98 | BLK           |
| Kugel           | 14,96    | m     | Lars Hermecke                             | 06/11 | SDL           |
| Diskus          | 39,13    | m     | Lars Hermecke                             | 04/15 | Bernburg      |
| Hammer          | 31,37    | m     | Lars Hermecke                             | 05/12 | SDL           |
| Gewichtwurf     | 9,14     | m     | Lars Hermecke                             | 06/12 | Salzw.        |
| Wurf Dreikampf  | 1715     | Pkte. | Lars Hermecke                             | 09/16 | Sarstedt      |

### Männer M 30

|             |         |      |                    |       |             |
|-------------|---------|------|--------------------|-------|-------------|
| 100 m       | 13,80   | sec. | Ralf Koslosky      | 09/13 | SBK         |
| 5000m       | 16:32,5 | min  | Christoph Rodewohl | 04/22 | SDL         |
| Weit        | 4,93    | m    | Ralf Koslosky      | 09/13 | SBK         |
| Hoch        | 1,50    | m    | Ralf Koslosky      | 05/14 | MD          |
| Kugel       | 13,68   | m    | Lars Hermecke      | 05/19 | SBK         |
| Diskus      | 39,96   | m    | Ralf Koslosky      | 09/13 | WMS         |
| Speer       | 42,52   | m    | Ralf Koslosky      | 09/13 | WMS         |
| 10Km        | 32:13   | min  | Christoph Rodewohl | 9/22  | Saarbrücken |
| Straßenlauf |         |      |                    |       |             |

### Männer M 35

|            |       |      |               |       |       |
|------------|-------|------|---------------|-------|-------|
| 60 m       | 8,57  | sec. | Ralf Koslosky | 02/19 | Halle |
| 100 m      | 14,19 | sec. | Ralf Koslosky | 05/15 | WMS   |
| Weitsprung | 5,15  | m    | Ralf Koslosky | 05/15 | WMS   |
| Hochsprung | 1,52  | m    | Ralf Koslosky | 01/15 | Halle |
| Kugel      | 13,54 | m    | Mario Meier   | 01/07 | MD    |
| Diskus     | 39,34 | m    | Ralf Koslosky | 03/19 | Halle |
| Speer      | 48,20 | m    | Mario Meier   | 01/07 | Halle |

### Männer M 40

|          |          |      |                    |       |     |
|----------|----------|------|--------------------|-------|-----|
| 60 m     | 8,96     | sec. | Dirk Schneider     | 03/05 | MD  |
| 100 m    | 15,05    | sec. | Michael Sawallisch | 05/02 | BLK |
| 200 m    | 29,90    | sec. | Dirk Schneider     | 03/05 | MD  |
| 400 m    | 70,22    | sec. | Dirk Schneider     | 03/05 | MD  |
| 1000 m   | 3:37,38  | min. | Marco Trahorsch    | 05/18 | MD  |
| 10 000 m | 46:53,26 | min. | Marco Trahorsch    | 05/18 | MD  |
| Kugel    | 6,83     | m    | Michael Sawallisch | 05/02 | BLK |
| Speer    | 21,97    | m    | Michael Sawallisch | 05/02 | BLK |

### Männer M 45

|              |         |      |                    |       |     |
|--------------|---------|------|--------------------|-------|-----|
| 100 m        | 14,65   | sec. | Michael Sawallisch | 05/03 | BLK |
| Weit         | 4,55    | m    | Michael Sawallisch | 05/03 | BLK |
| Kugel        | 6,69    | m    | Michael Sawallisch | 05/03 | BLK |
| Speer        | 24,18   | m    | Michael Sawallisch | 05/03 | BLK |
| 10Km         | 50:55   | min  | Marco Trahorsch    | 10/22 | MD  |
| Halbmarathon | 2:02,38 | h    | Karsten Jahn       | 05/19 | MD  |

### Männer M 50

|        |          |      |                |       |            |
|--------|----------|------|----------------|-------|------------|
| 60m    | 9,10sec  |      | Frank Bolecke  | 11/22 | MD         |
| 100m   | 15,33sec |      | Frank Bolecke  | 10/20 | MD         |
| 200m   | 29,69sec |      | Frank Bolecke  | 11/22 | MD         |
| 800 m  | 2:16,68  | min. | Uwe Haake      | 06/16 | MD         |
| 1500 m | 4:29,00  | min. | Uwe Haake      | 07/16 | Leinefelde |
| 3000 m | 13:05,93 | min. | Jörg Eggert    | 01/14 | Halle      |
| 10 km  | 41:31    | min. | Manfred Brösel | 10/01 | MD         |

|                                |              |               |       |             |
|--------------------------------|--------------|---------------|-------|-------------|
| Halbmarathon                   | 1:47,37 h    | Jörg Eggert   | 10/13 | MD          |
| Hochsprung                     | 1,50 m       | Frank Bolecke | 11/22 | MD          |
| Weitsprung                     | 4,07 m       | Frank Bolecke | 10/20 | MD          |
| Speer                          | 44,24 m      | Frank Bolecke | 06/17 | Leuna       |
| Keule                          | 54,93 m      | Frank Bolecke | 06/18 | Blankenburg |
| Kugel                          | 10,39 m      | Frank Bolecke | 09/19 | Burg        |
| Diskus                         | 24,70 m      | Frank Bolecke | 09/19 | Burg        |
| Dreikampf<br>(100m,Weit,Kugel) | 1.319 Pkt    | Frank Bolecke | 10/20 | Md          |
| Marathon                       | 3:43,41 std. | Karsten Jahn  | 10/21 | MD          |

### **Männer M 55**

|                |             |               |       |        |
|----------------|-------------|---------------|-------|--------|
| 100m           | 14,11sec    | Frank Bolecke | 09/22 | Niesky |
| 100mHürde      | 21,63sec    | Frank Bolecke | 09/22 | Niesky |
| Speer          | 42,97m      | Frank Bolecke | 10/22 | Leuna  |
| Hochsprung     | 1,50m       | Frank Bolecke | 08/22 | MD     |
| Weitsprung     | 4,21m       | Frank Bolecke | 09/22 | Niesky |
| Stabhochsprung | 2,10m       | Frank Bolecke | 09/22 | Niesky |
| Kugel          | 11,22m      | Frank Bolecke | 06/22 | Halle  |
| Diskus         | 29,87 m     | Frank Bolecke | 10/22 | Leuna  |
| 400m           | 70,58sec    | Frank Bolecke | 09/22 | Niesky |
| 800m           | 2:36,65min  | Uwe Haake     | 06/22 | Halle  |
| 1500m          | 6:33,84min  | Frank Bolecke | 09/22 | Niesky |
| Marathon       | 3:26,25std  | Karsten Jahn  | 10/22 | MD     |
| Zehnkampf      | 4877 Punkte | Frank Bolecke | 09/22 | Niesky |

### **Männer M 65**

|        |        |                       |       |       |
|--------|--------|-----------------------|-------|-------|
| Diskus | 27,64m | Hans Jürgen Haarnagel | 06/22 | Halle |
|--------|--------|-----------------------|-------|-------|

### **Männer M 70**

|              |               |                 |       |              |
|--------------|---------------|-----------------|-------|--------------|
| 800 m        | 2:46,34 min.  | Helmut Ringhand | 06/18 | Mönchengl.   |
| 1000 m       | 3:47,14 min.  | Helmut Ringhand | 05/18 | Wolfenbüttel |
| 1500 m       | 5:49,24 min.  | Helmut Ringhand | 07/17 | Aarhus       |
| 3000 m       | 12:59,13 min. | Helmut Ringhand | 01/18 | Magdeburg    |
| 5000 m       | 22:24,71 min. | Helmut Ringhand | 04/18 | Wernigerode  |
| 10 KM Straße | 49:29 min.    | Helmut Ringhand | 04/18 | Naumburg     |

### **Männer M 80**

|        |        |                |       |       |
|--------|--------|----------------|-------|-------|
| Kugel  | 6,45m  | Lothar Salbert | 06/22 | Halle |
| Diskus | 14,15m | Lothar Salbert | 06/22 | Halle |